

## WEEKLY SPORTS PRACTICE SCHEDULE

	MON	TUES	WED	THUR	FRI
<b>WRESTLING</b> (NO PRACTICE Monday 1/18)	6-7:00PM WEIGHTS	6-7:00PM	6-7:00PM WEIGHTS	6-7:00PM	
GIRLS BB		4-5:30PM TURNBULL/ HALL GYM		4-5:30PM TURNBULL/ HALL GYM	
<b>BOYS BB</b> (NO PRACTICE Monday 1/18)	4-5:30PM TURNBULL/ HALL GYM		4-5:30PM TURNBULL/ HALL GYM		
GIRLS SOCCER				3:15-4:30pm CARTER	
<b>BOYS SOCCER</b> (NO PRACTICE 1/18)	TBD (coach will contact)	TBD (coach will contact)	TBD (coach will contact)	TBD (coach will contact)	TBD (coach will contact)
FASTPITCH (NO PRACTICE 1/18)	TBD (coach will contact)	TBD (coach will contact)	TBD (coach will contact)	TBD (coach will contact)	TBD (coach will contact)
<b>VOLLEYBALL</b> (NO PRACTICE 1/18)	5:45-7:15PM TURNBULL/ HALL GYM		5:45-7:15PM TURNBULL/ HALL GYM		
FOOTBALL (NO PRACTICE 1/18)	3-4PM WEIGHTS & SPD/AGILITY	3:30-5:00PM PRACTICE	3-4PM WEIGHTS & SPD/AGILITY	3:30-5:00PM PRACTICE	3-4PM WEIGHTS & SPD/AGILITY
<b>BASEBALL</b>					3-4:45PM HALL GYM/ TURNBULL
GIRLS TENNIS (NO PRACTICE 1/18)	3:15-4:30pm TENNIS COURTS		3:15-4:30pm TENNIS COURTS		
<b>BOYS TENNIS</b>		3:00-5pm TENNIS COURTS		3:00-5pm TENNIS COURTS	

- All coaches and students should be screened for signs/symptoms of COVID-19 prior to a workout. Screening includes a temperature check.
- Any person with symptoms of COVID-19 should not be allowed to participate and should contact his or her primary care provider or other appropriate health-care professional.
- Locker rooms should not be utilized. Students should report to workouts in proper gear and immediately return home to shower at the end of the workout.
- All students shall bring their own water bottle. Water bottles must not be shared.